

MITZVAH DAY PROJECTS

Choose a project from the following options. You can participate as an individual or family. *Pre-registration is required.* Fill out the attached form or register online at nssbethel.org under the Social Action link.

Feed the Soul The ARK

6450 N. California, Chicago

Food pantries are struggling to feed the hungry. You can help! The ARK distributes food to 2,400 people every month—from young families with small children to the elderly. Shop for items from their wish list—bring two large bags of groceries with you. Stock the shelves and take a tour of the facility to learn about all the wonderful social service programs going on at The ARK. Open to ages 6 and up. For more information, contact: Jenny and Roger Schoenfeld, boyzmom3@aol.com.

Be a “Blanketeer” Project Linus NSS Beth El

You can provide a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gift of a new, handmade blanket. Project Linus has delivered over three million blankets to children in need. Using a simple technique which requires no sewing, you can make a warm, fleece blanket in one afternoon! You will bring your own materials and tools; instructions will be provided along with instructors to guide you. Open to all ages (young children with help). For more information, contact: Rocky Rubinoff, rock870@aol.com, Kim Levy, krlevy@comcast.net, or Judy Dolins, jdolins@aap.org.

Stories and Scoops Glenwood School Waukegan

Lake County helping its own! Join us at Glenwood School in Waukegan for an amazing experience! We'll bring new children's books to the families of Waukegan and work together to make holiday cards for U.S. Marines stationed overseas. We'll get acquainted and socialize over ice cream, then pair up Beth El participants with Glenwood families to read and create holiday cards. Please bring two new children's books. Each Glenwood child will receive one book to take home, and the other will help stock the school library. Open to all ages.

For more information, contact: Jill Bernstein, jillhbernstein@comcast.net, Amy Newman, alewko@comcast.net or Amy Zisook, dotland@ameritech.net.

Seasoned Citizens Gidwitz Place The Friend Center

1601 Lake Cook Rd., Deerfield

Enjoy the company of residents of Gidwitz Place for Assisted Living and The Gidwitz Friend Center helping them create cards for their loved ones. Construction paper, crayons and markers will be provided. Bring along special decorating items to help make the cards more beautiful. The Beth El Religious School Choir will entertain residents at both facilities. Open to all ages. For more information, contact: Diane Levin, sdaalevin@aol.com or Sulie Holt, skh1016@aol.com.

Tread Lightly Green Initiative NSS Beth El

Reduce your carbon and water footprints. Beth El congregant and resident expert, Richard Schlosberg Ph.D., will discuss how you can make environmentally responsible changes in your home, office or school. Take a walk around the synagogue to find ways that our shul can reduce its carbon and/or water footprints. This group will also organize a collection and recycling of out-of-use electronics. A fun “junior component” for enviro-kids is planned. Open to all ages.

For more information, contact: Richard Schlosberg, rschlosberg144@comcast.net.

For more information, contact a specific project coordinator.

Register online at nssbethel.org under the Social Action link, or fill out the form on the reverse side.